

Jenna Barber

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"Fitness isn't a punishment, it's a blessing. Nutrition isn't restrictive, it's healing. Health isn't a one size fits all thing

- Bachelor's in Education from Wichita State University
- Licensed Massage Therapist License No. BL1500489-IE
- Young Living Wellness Advocate (#3255060)
- Essential Oils Educator Personal Trainer
- ACE Nutrition Coach, Precision Nutrition